

**APPLIED EXERCISE SCIENCE UNDERGRADUATE  
RECORD SHEET  
2020-2021 BULLETIN**

<b>Name:</b>				<b>UM ID:</b>				<b>Prepared By:</b>			
<b>Prerequisite Courses in Kinesiology</b>				<b>Required Core Courses in Applied Exercise Science</b>				<b>Required Supporting Courses in Kinesiology</b>			
<b>Course No.</b>	<b>Credit</b>	<b>Term</b>	<b>Grade</b>	<b>Course No.</b>	<b>Credit</b>	<b>Term</b>	<b>Grade</b>	<b>Course No.</b>	<b>Credit</b>	<b>Term</b>	<b>Grade</b>
AES 218*	3			MVS 230	3			SM 101	3		
AES 220* (W) (C or better)	3			MVS 231	1			MVS 110	3		
AES 221* (W) (C or better)	1			AES 242 (F)	3			SM 217 or MVS 219 (ULWR)	3		
AES 100 (F)	2			AES 315* (Exercise Prescript & Test) (W)	3			<b>Total</b>	<b>9</b>		
AES 290 (Field Experience)	2			AES 331 (F)	3			<b>Courses Required Outside of Kinesiology</b>			
<b>Total</b>	<b>11</b>			AES 332 (W)	3			<b>Course No.</b>	<b>Credit</b>	<b>Term</b>	<b>Grade</b>
<i>OPTIONAL: Independent Study, Internships, Field Work, Reading, and Research: HF 280 (Research), Additional HF 290 or 403, HF 470 Independent Study</i>				AES 313 Exercise Psychology (W)	3			ENGLISH 125 or FYWR (C or better)	4		
<b>Required Concentration Electives (15 credits in Clinical or 15 credits in Management)</b>				AES 403 Internship	3			PSYCH 111 or PSYCH 112	4		
<b>Course No.</b>	<b>Credit</b>	<b>Term</b>	<b>Grade</b>	AES 451 (Physical Act Lifespan) (F)	3			MATH 105* (C or better)	4		
				MVS 446 (Social Factors) (W) <b>OR</b> AES 416 (Environmental Approaches) (W)	3			<b>One of the Following:</b> MVS 250/STATS 250/STATS 280/SOC 210	3 or 4		
				<b>Total</b>	<b>28</b>			<b>Total</b>	<b>15 or 16</b>		
<b>Total</b>	<b>15</b>										
<b>Notes:</b>											
Footnotes: *Courses must be taken at UM All HF 300 and 400 level courses have enforced prerequisites of <ul style="list-style-type: none"> <li>• MATH 105 C or Better or MATH 115 C- or Better or Placement Exam Calculus Beyond Definite</li> <li>• AES 220 and AES 221 C or Better or PHYSIOL 201 C or Better</li> </ul>											

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<b>Distribution Requirements</b>											
<b>Humanities (12 credits)</b>				<b>Natural Science/Math/Quantitative Reasoning (12 credits)</b>				<b>Social Science (12 credits)</b>			
<b>Course No.</b>	<b>Credits</b>	<b>Term</b>	<b>Grade</b>	<b>Course No.</b>	<b>Credits</b>	<b>Term</b>	<b>Grade</b>	<b>Course No.</b>	<b>Credits</b>	<b>Term</b>	<b>Grade</b>
SM 101	3			MATH 105	4			PSYCH 111	4		
SM 217 or MVS 219	3			MVS 110	3			AES 313 Exercise Psychology	3		
				AES 220	3						
				AES 221	1						
				MVS 250/STATS 250/SOC 210	3 or 4						
<b>Total</b>				<b>Total</b>				<b>Total</b>			

**Exceptions, Substitutions, Waivers, Other Notes**

Advisor - Please make any notes regarding approval of variations in degree program:

**Study Abroad (Optional):**

Please see Global Engagement Coordinator for more information.

**Last Reviewed:**

By: \_\_\_\_\_ Date: \_\_\_\_\_ By: \_\_\_\_\_ Date: \_\_\_\_\_ By: \_\_\_\_\_

\_\_\_\_\_ Date: \_\_\_\_\_ By: \_\_\_\_\_ Date: \_\_\_\_\_